

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the [Model Wellness Policy](#)
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023 or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. Districts are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: 04/18/2023	Name of School District: Chattooga County		Number of Schools in District: 5
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition education will be evident in the school dining room through posters, table tents, and sneeze guard signage.	Completed	5	Signs are displayed throughout the dining room to educate students regarding the importance of healthy food and nutrition.
2. State and local health education curriculum standards and guidelines will include focus on nutrition and health	Completed	5	State and local health education curriculum standards are followed as required.
3. Nutrition is integrated into the health education and core curriculum at all school levels/ grades	Completed	5	Health education and nutrition is taught at each school/grade level.
4. Involve students in the choices of new and available foods in the school nutrition meal planning by conducting taste tests	Not Completed	0	Taste tests have not been conducted due to post-COVID staffing and food shortages.
Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition education will be evident in the school dining room through posters, table tents, and sneeze guard signage.	Completed	5	Signs are displayed throughout the dining room to education students regarding the importance of healthy food and nutrition.

2. State and local health education curriculum standards and guidelines will include focus on nutrition and health	Completed	5	State and local health education curriculum standards are followed as required.
3. Nutrition is integrated into the health education and core curriculum at all school levels/ grades	Completed	5	Health education and nutrition is taught at all schools/grade levels
4. Involve students in the choices of new and available foods in the school nutrition meal planning by conducting taste tests	Not Completed	0	Taste tests have not been conducted due to post-COVID staffing and food shortages.
Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Students will be given opportunities for physical activity during the school day through daily recess periods and required and elective physical education classes.	Completed	5	Students in PK-5 are given recess, as well as Physical Education classes. Students in grades 6-12 receive PE classes.
2. Students will be encouraged to be involved in physical activity in the community, school sponsored events, and extracurricular activities.	Completed	5	Students are encouraged to participate in community events, school events, and extracurricular activities to keep them active and healthy.
Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Provide on-going professional training and development for food service staff and teachers in the areas of nutrition and physical education. These programs will be publicized to all employees.	Completed	5	Food service employees receive training throughout the school year in various areas of nutrition and wellness. All training is documented, and records are kept.
2. Provide students and parents with nutritional information of all foods sold at school. School nurse and School Nutrition Menu Planning Manager will have a master list of foods and their nutritional information, as well as posting on the school web site.	Completed	5	All food and beverages sold to students meet Smart Snack guidelines. Menus are posted online so parents and community members can view them and request information, if needed.

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3. Provide opportunities for school nurses to conduct annual screenings of students for health-related issues such as hearing, vision, and scoliosis.	Completed	5	Hearing, vision, and scoliosis screenings are offered yearly. Student participation is optional but encouraged.
4. Principals and/or school nurses build a school collection of health-related media and information for parent, student, and teacher use.	Completed	5	Nurses and principals/admin have clear communication with teachers, students, and parents to offer health-related information as it becomes available.
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. The School Nutrition Program will ensure daily that reimbursable school meals meet the school nutrition program requirements and nutrition stands set forth under the federal USDA regulations and state requirements.	Completed	5	All reimbursable school meals meet the requirements set for by USDA.
2. Vending Machines, School Stores, and a la carte sales from school cafeterias will provide foods and beverages that are compliant with the Federal Smart Snack Regulations. Guidelines will be provided by the School Nutrition Program.	Completed	5	All food and beverages sold through vending machines, school stores, and a la carte sales meet Smart Snack guidelines.
3. All foods served in the school nutrition programs will meet regulations under the Child Nutrition Act and the Richard B. Russell National School Lunch Act	Completed	5	All foods served in the school nutrition program are compliant with the Richard B. Russell National School Lunch Act.
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:

1. Classroom parties should take place after mealtimes, not during or before mealtimes.	Completed	5	Any classroom parties are conducted after the meal service has been completed.
2. Incentive/reward foods are not given/offered during mealtimes.	Completed	5	All foods offered as part of a reward or incentive are given to students after the meal service has been completed. These activities do not interfere with meal service times.
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. Only Smart Snack compliant foods and beverages will be marketed on school campuses.	Completed	5	School campuses only market/display Smart Snack compliant food and beverages.

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Jared Hosmer	Superintendent	
2. Jeff Martin	Assistant Superintendent	
3. Brandie Wooten	School Nutrition Director	
4. Phil Wood	LMES Principal	All administrators, including principals and assistant principals, are responsible for ensuring compliance.
5. Emily Mobbs	CHS Principal	All administrators, including principals and assistant principals, are responsible for ensuring compliance.
6. Paula Buice	MES Principal	All administrators, including principals and assistant principals, are responsible for ensuring compliance.
7. Mike Shank	LES Principal	All administrators, including principals and assistant principals, are responsible for ensuring compliance.
8. Martha Templeton	SMS Principal	All administrators, including principals and assistant principals, are responsible for ensuring compliance.
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Samantha Bullard	Parent	

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2. Anna Elrod	Parent	
3. Aleshia Crowe	Parent	

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Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal